# Kensington School Infant Menu

Child's Name: _____ Date: _____

☐ **Option 1:** My child can be served ALL of the table foods on this list.

☐ **Option 2:** My child can be served ONLY the following highlighted/underlined foods.

## Entrees

- ☐ taco (meat only)
- ☐ cheese quesadillas
- ☐ chicken nuggets
- ☐ popcorn chicken
- ☐ turkey and cheese sub
- ☐ pasta/bolognese sauce
- ☐ plain pasta
- ☐ mac and cheese
- ☐ meatloaf
- ☐ Sloppy Joes
- ☐ beef sliders
- ☐ cheddar broccoli chicken
- ☐ roasted turkey with country gravy
- ☐ chicken sliders
- ☐ chicken alfredo with peas
- ☐ orange chicken
- ☐ pancakes
- ☐ french toast

## Vegetarian Options

- ☐ soy chicken
- ☐ veggie sausage
- ☐ soy beef meatball
- ☐ Tofurkey
- ☐ soy ham

## Vegetables

- ☐ green beans
- ☐ broccoli
- ☐ cauliflower
- ☐ carrots
- ☐ zucchini
- ☐ peas
- ☐ lettuce
- ☐ lima beans
- ☐ mixed veggie blend

## Fruits

- ☐ pears
- ☐ peaches
- ☐ bananas
- ☐ cantaloupe
- ☐ honeydew melon
- ☐ watermelon
- ☐ applesauce
- ☐ pearsauce

## Sides

- ☐ whipped mashed potatoes
- ☐ diced potatoes
- ☐ sweet potatoes
- ☐ brown rice
- ☐ French bread
- ☐ turkey sausage
- ☐ tortilla
- ☐ sour cream
- ☐ slider bun
- ☐ curly fries
- ☐ tater tots

## Snacks

- ☐ Cheerios
- ☐ puff cereal
- ☐ graham crackers
- ☐ butter crackers
- ☐ cheese crackers
- ☐ veggie chips/straws
- ☐ cheese cubes
- ☐ yogurt (strawberry/vanilla/blueberry)
- ☐ cottage cheese
- ☐ turkey deli slices
- ☐ bread with jelly
- ☐ mini muffins (assorted)
- ☐ hummus
- ☐ pita bread
- ☐ bread sticks/marinara sauce
- ☐ rice pudding
- ☐ bean dip
- ☐ snack mix (cheerios, crackers, puffs)
- ☐ banana pudding
- ☐ english muffin
- ☐ Cereal w/Fruit (Purely Os)
- ☐ mini bagel with cream cheese
- ☐ biscuits with jelly spread

Avoid the following foods due to allergies or personal or religious reasons:

## Beverages

Please serve my child WHOLE MILK at the following times:

☐ am snack ☐ lunch ☐ pm snack ☐ None

Please serve my child WATER at the following times:

☐ am snack ☐ lunch ☐ pm snack ☐ None

Please Note:

Through Organic Life catering, Kensington School is able to provide vegetarian, gluten-free, dairy-free, soy-free, egg-free and shellfish-free lunch and snacks for children with food allergies or restrictions. Please see our director to discuss.

All food served to infants will be chopped or diced unless a parent specifies otherwise. Sun butter is not served in our infant nurseries.

Parent Signature: _____

Updated October 2026