



OCTOBER

- Purple – Morning Snack
- Green – Afternoon Snack
- Red – Evening Snack



			1 Cottage Cheese + Pineapple Tortilla Chips + Salsa Crackers + Milk	2 Apple Chips Rice Pudding Fresh Fruit + Crackers Crackers + Milk
5 Cereal + Fruit Fresh Fruit + Crackers Crackers + Milk	6 English Muffin Half + Fruit Spread Breadsticks w/Marinara Crackers + Milk	7 Pear Sauce Veggie Straws Sun Butter and Jelly Milk Crackers + Milk	8 Yogurt Fresh Fruit Hummus + Soft Pita Veggies Crackers + Milk	9 Muffins + Milk Fresh Fruit+ Crackers Crackers + Milk
12 COLUMBUS DAY	13 Cereal + Fruit Fresh Fruit + Crackers Crackers + Milk	14 Cubed Cheese Butter Bunnies Apple Juice Hummus + Soft Pita Veggies Crackers + Milk	15 Apple Chips Rice Pudding Fresh Fruit + Crackers Crackers + Milk	16 Cottage Cheese + Pineapple Fresh Seasonal Veggie with Dip Crackers + Milk
19 Muffins + Milk Breadsticks w/Marinara Crackers + Milk	20 English Muffin Half + Fruit Spread Fresh Fruit + Crackers Crackers + Milk	21 Apple Sauce Veggie Straws Tortilla Chips + Salsa Crackers + Milk	22 Yogurt Fruit Fresh Fruit + Crackers Crackers + Milk	23 Cubed Cheese Crackers Sun Butter and Jelly Milk Crackers + Milk
26 Cubed Cheese Crackers Fresh Seasonal Veggie with Dip Crackers + Milk	27 Muffins + Milk Fresh Fruit + Crackers Crackers + Milk	28 Apple Chips Rice Pudding Sun Butter and Jelly Milk Crackers + Milk	29 Yogurt Fresh Fruit Breadsticks w/Marinara Crackers + Milk	30 English Muffin Half + Fruit Spread Fresh Fruit+ Cracker Crackers + Milk