

LUNCH

OCTOBER

			1 Creamy Chicken Alfredo with Rigatoni Assorted Greens Salad Seasonal Hand-Cut Fruit Soy Chicken for Vegetarian	2 Cheese Quesadillas Fluffy Brown Rice Steamed Fresh Vegetables Seasonal Hand-Cut Fruit
5 Olife Ole Taco Bar Fluffy Brown Rice Steamed Fresh Vegetables Seasonal Hand-Cut Fruit Soy Beef for Vegetarian	6 Turkey Sub w/ Sweet Potato Fries Steamed Fresh Vegetables Seasonal Hand-Cut Fruit Tofurky for Vegetarian	7 Organic Pasta + Hearty Bolognese Sauce Fresh Local Baguette Assorted Greens Salad Seasonal Hand-Cut Fruit Soy Beef for Vegetarian	8 Cheese Quesadillas Fluffy Brown Rice Steamed Fresh Vegetables Seasonal Hand-Cut Fruit	9 Free Range Chicken Nuggets Oven Roasted Tater Tots Steamed Fresh Vegetables Seasonal Hand-Cut Fruit Soy Chicken for Vegetarian
12 Columbus Day	13 4-Star Mac 'n' Cheese Steamed Fresh Vegetables Seasonal Hand-Cut Fruit	14 Brunch for Lunch: Whole Grain Pancakes Turkey Sausage Steamed Fresh Vegetables Seasonal Hand-Cut Fruit Soy Turkey for Vegetarian	15 Mouthwatering Meatloaf Creamy Whipped Potatoes Steamed Fresh Vegetables Seasonal Hand-Cut Fruit Soy Beef for Vegetarian	16 Free Range Chicken Nuggets Oven Roasted Tater Tots Steamed Fresh Vegetables Seasonal Hand-Cut Fruit Soy Chicken for Vegetarian
19 Organic Pasta + Hearty Bolognese Sauce Fresh Local Baguette Assorted Greens Salad Seasonal Hand-Cut Fruit Soy Beef for Vegetarian	20 Turkey Sub w/ Sweet Potato Fries Steamed Fresh Vegetables Seasonal Hand-Cut Fruit Tofurky for Vegetarian	21 Cheese Quesadillas Fluffy Brown Rice Steamed Fresh Vegetables Seasonal Hand-Cut Fruit	22 Brunch for Lunch: Whole Grain Pancakes Turkey Sausage Steamed Fresh Vegetables Seasonal Hand-Cut Fruit Soy Turkey for Vegetarian	23 Creamy Chicken Alfredo with Rigatoni Assorted Greens Salad Seasonal Hand-Cut Fruit Soy Chicken for Vegetarian
26 4-Star Mac 'n' Cheese Steamed Fresh Vegetables Seasonal Hand-Cut Fruit	27 Mouthwatering Meatloaf Creamy Whipped Potatoes Steamed Fresh Vegetables Seasonal Hand-Cut Fruit Soy Beef for Vegetarian	28 Popcorn Chicken Diced Potatoes Steamed Fresh Vegetables Seasonal Hand-Cut Fruit Soy Chicken for Vegetarian	29 Turkey Sub w/ Sweet Potato Fries Steamed Fresh Vegetables Seasonal Hand-Cut Fruit Tofurky for Vegetarian	30 Olife Ole Taco Bar Fluffy Brown Rice Steamed Fresh Vegetables Seasonal Hand-Cut Fruit Soy Beef for Vegetarian