

# Kensington School Infant Menu

Child's Name: \_\_\_\_\_

Date: \_\_\_\_\_

**Option 1:** My child can be served ALL of the table foods on this list.

**Option 2:** My child can be served ONLY the following highlighted/underlined foods.

## Entrees

- taco (meat only)
- cheese quesadillas
- chicken nuggets
- popcorn chicken
- turkey and cheese sub
- pasta/bolognese sauce
- plain pasta
- mac and cheese
- meatloaf
- Sloppy Joes
- beef sliders
- chicken sliders
- chicken alfredo w/peas
- orange chicken
- pancakes
- french toast

## Sides

- whipped mashed potatoes
- diced potatoes
- sweet potatoes
- brown rice
- French bread
- turkey sausage
- tortilla
- sour cream
- slider bun
- curly fries
- tater tots

Avoid the following foods due to allergies or personal or religious reasons:

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## Fruits

- pears
- peaches
- bananas
- cantaloupe
- honeydew melon
- watermelon
- applesauce
- pearsauce

## Vegetables

- green beans
- broccoli
- cauliflower
- carrots
- zucchini
- peas
- lettuce
- lima beans
- mixed veggie blend

## Vegetarian Options

- soy chicken
- veggie sausage
- soy beef meatball
- Tofurkey
- soy ham

## Beverages

Please serve my child WHOLE MILK at the following times:

- am snack     lunch     pm snack     None

Please serve my child WATER at the following times:

- am snack     lunch     pm snack     None

## Please Note:

Through Organic Life catering, Kensington School is able to provide vegetarian, gluten-free, dairy-free, soy-free, egg-free and shellfish-free lunch and snacks for children with food allergies or restrictions. Please see our director to discuss.

All food served to infants will be chopped or diced unless a parent specifies otherwise. Sun butter is not served in our infant nurseries.

Parent Signature: \_\_\_\_\_

Updated March 2026

## Snacks

- Cheerios
- puff cereal
- butter crackers
- cheese crackers
- veggie chips/straws
- cheese cubes
- yogurt (strawberry/vanilla/blueberry)
- cottage cheese
- turkey deli slices
- bread with jelly
- mini muffins (assorted)
- hummus
- pita bread
- bread sticks/marinara sauce
- rice pudding
- bean dip
- snack mix (cheerios, crackers, puffs)
- banana pudding
- english muffin
- Cereal w/Fruit (Purely Os)
- mini bagel with cream cheese
- biscuits with jelly spread