Kensington School Infant Menu

Child's Name:		Date:
□ Option 1: My child can be served <u>ALI</u> table foods on this list.		child can be served <u>ONLY</u> the following alighted/underlined foods.
Entrees	<u>Fruits</u>	<u>Snacks</u>
□ cinn. French toast sticks	□ pears	□ Cheerios
□ taco (meat only)	□ peaches	□ puff cereal
□ cheese quesadillas	□ bananas	□ butter crackers
□ chicken nuggets	□ cantaloupe	□ graham crackers
□ turkey and cheese sub	□ honeydew melon	cinnamon graham crackers
□ pasta/bolognese sauce	□ watermelon	□ bunny graham crackers
□ plain pasta	□ applesauce	□ cheese crackers
□ mac and cheese	□ pearsauce	□ veggie chips/straws
□ meatloaf		□ cheese cubes
□ Sloppy Joes	<u>Vegetables</u>	□ yogurt (strawberry/vanilla/
□ beef sliders	□ green beans	blueberry)
□ chicken sliders	□ broccoli	□ cottage cheese
cheddar broccoli chicken	□ cauliflower	□ turkey deli slices
□ chicken alfredo w/peas	carrots	□ bread with jelly
□ pancakes	□ zucchini	□ ranch dip
Sides	□ squash □ peas	□ mini muffins (assorted)
	□ lettuce	□ hummus
 whipped mashed potatoes 	□ lima beans	□ pita bread
□ brown rice		□ bread sticks/marinara sauce
□ French bread	<u>Vegetarian Options</u>	□ rice pudding
tortilla	□ soy chicken	□ black bean dip
Greek rice	□ veggie sausage	□ snack mix (cheerios,
□ turkey sausage	□ soy beef meatball	crackers, puffs)
□ sour cream □ slider bun	□ Tofurkey	□ banana pudding
curly fries	□ soy ham	english muffin
tater tots	v	
	<u>Beverages</u>	
Please serve my child WHOLE MILK at the following times:		E MILK at the following times:
Avoid the following	□ am snack □ lunch	
foods due to	Please serve my child WATER at the following times:	
allergies or personal	□ am snack □ lunch	_
or religious reasons:	ani shack a functi	□ □ piii siiack □ Nolle
	Please Note:	
	Through Organic Life catering, Kensington School is able to provide vegetarian, gluten-free, dairy-free, soy-free, egg-free and shellfish-free lunch and snacks for children with food allergies or restrictions. Please see our director to discuss.	
		vill be chopped or diced unless a Sun butter is not served in our

Updated September 2023

Parent Signature: _