

## Welcome to Kensington School!

We look forward to welcoming your family to Kensington School! In this document, you will find important forms that will complete your child's file, per DCFS requirements.

Please complete these fillable forms in their entirety and return to us as soon as possible. These forms must be completed and submitted before your child can begin with us. We will review the forms and contact you if any further information is required.

Forms should be carefully completed by parents or guardians. The medical form must be completed by your child's physician. Please note the child's health history section on the medical form, which must be completed by a parent or guardian.

### Thank you!

LaGrange • LaGrange Highlands • Western Springs • St. Charles Geneva • Naperville • Wheaton • South Naperville • Elmhurst Glenview • Arlington Heights • Hinsdale • Park Ridge



## Getting to Know Your Child

(Infant/Toddler)

Please complete this form so that we may get to know your child better.

Child's Name			Birt	h Date	
<u>Health</u>					
Allergies/ food restrictions					
Medical conditions					
Is your child teething? Special	instructions when	n teething			
Large Motor Skills					
Age learned to roll over	to sit up	to	standt	o walk	
Small Motor Skills					
Age learned to hold objects _	to transfe	r objects hand	to hand	began self f	eeding
Does your child use a pacifier?	/information				
Social Relationships					
Previous group/ babysitting ex	perience				
Favorite toys and activities at	home				
Is your child generally happy _					
Does he or she have siblings _					
Eating  1:11 1:1 1	11	•		. 1	
Does your child drink from:					
Favorite foods					
Food allergies/ restrictions					Mont
Has your child started eating:				vegetables	Weat
C1:	Table Food	2 70 WHIK			
Sleeping	1	12	<b>A</b> :	. 4 . 1	
Naps: How many naps a day					
	ke to fall asleep:				
How does your child li What is the preferred s					



# Getting to Know Your Child

(Ages 2 - 5 Years)

Please complete this form so that we may get to know your child better.

Child's Name	Birth	Date
<u>Health</u>		
Allergies/ food restrictions		
Medical conditions		
History		
Age began talking	Is your child right handed?	Left handed?
Speech or hearing difficulties		
Is your child potty trained? When/more	information	
Does your child speak another language	?	
Social Relationships		
Previous group experience		
Favorite toys and activities at home		
Knows the following children in our sch		
Is your child generally friendly		
How does he or she get along with siblir		
How does the child express feelings?		
Eating		
Favorite foods		
Food dislikes		
Does your child drink from: regular cu		
Is child hungry at meal times?	between meals!	
Sleeping		
Time child goes to bed at night	awakens	
How does your child like to go to sleep?  Does he/ she use a pull up at naptime?	Mood when a	wakened
Does child nap at home?	When to when?	
Additional Comments		
·		
·		



# Authorization for Emergency Medical Care

	rst aid to my child. I give consent for any necessary medica while said child is in said individual's custod
and the parent cannot be reached.	while said child is in said individual's custod
Signature of Parent or Guardian	Date
the emergency ambulance service (911) will be in	ly ill or injured for the school's staff to proceed as follows amediately called to the school and the emergency paramedic hild will be transported to the hospital. A member of the staff Parents will be notified immediately.
Signature of Parent or Guardian	Date
	ergency, we must have the name, neone we can reach if we cannot contact you.
Father's Cell Phone	Father's Work Phone
Mother's Cell Phone	Mother's Work Phone
Home Phone	<del></del>
Name	Name
Address	
Phone	
Relationship	
Name	
Address	
Phone	
Relationship	
Does your child have any allergies, food restriction	ons or medical conditions?
Additional Comments	



## Consent Form

I understand the policies and the tuition procedures of the school as stated in the parent handbook, on the tuition schedule and other enrollment forms and assume responsibility for such.

#### This includes:

Kensington School is a full day, year-round program. If a child disenrolls, re-enrollment is dependent upon availability. The deposit of one week's tuition paid at the time of enrollment will be credited to a child's last week when a two week notice of disenrollment is given.

A child must start on the date listed on his/her enrollment form or the prepayment of the first week's

	esy hold for a delay in an infant's proposed start date. ould a child not enroll.
Signature of Parent or Guardian	Date
• I understand that the school is not responsible for repersonal care of a teacher or after the child has been picking up the child(ren) from the school. At those	n personally placed into the hands of the person
Signature of Parent or Guardian	Date
<ul> <li>Permission is given for neighborhood and/or to be transported and to go of Specific dates and details would follow. A separate</li> </ul>	to go on walking field trips in the surrounding in field trips planned by the school on a chartered bus. e authorization will be given at that time.
Signature of Parent or Guardian	Date
Permission is given to release my telephone number	r to other parents throughout the year.
Signature of Parent or Guardian	Date
My child	_ , has my permission to participate in water activities chool. I understand that he/she will be supervised by t intended as a waiver or release of any legal
Signature of Parent or Guardian	Date
• I understand the school's policy concerning parents nannying services.	s soliciting our teaching staff for babysitting and
Signature of Parent or Guardian	Date



# Contingency Pick Up Form

Child's Name	Birth Date
Please complete either #1 or #2	<u>2:</u>
1. The following people have my	permission to pick up my child on an occasional basis:
Name:	Cell Phone
Address:	
Name:	Cell Phone
Address:	
Name:	Cell Phone
Address:	
Signature of Parent or Guardian	Date
	-OR-
2(Child's Name)	may only be released to a parent or guardian.
Signature of Parent or Guardian	Date



## Guidance and Discipline Policy Statement

Children are supervised by staff, through sight and sound, at all times. Children will be encouraged toward appropriate behavior through positive tones of voice and praise.

Children displaying inappropriate or disruptive behavior will be met with a verbal reminder of accepted behavior and receive redirection toward more positive actions. Children whose behavior endangers others will be supervised away from the other children while processing the problem with staff or concerned parties. Time- out will not be used.

Serious inappropriate or disruptive behavior will be discussed with the parents either in a phone conversation or a conference. At this time, a problematic behavior plan for resolving this behavior may be put in place. This plan must be signed by staff and parents. Should parents refuse to sign the plan, a plan to transition the child to a different program may take place.

If a clinical behavior management plan is developed with parents and a professional clinician, or if the school's problematic behavior management plan is developed with parents, all staff working with the child shall receive training on implementing the plan. All plans must be documented in the child's file.

The following forms of discipline are prohibited at Kensington School: any kind of corporal punishment including hitting, spanking, swatting, beating, shaking, pinching and any other measures intended to induce physical pain or fear, withholding (or threatening to withhold) food or rest or use of the bathroom, abusive or profane language, any form of public or private humiliation, including threats of physical punishment, and any form of emotional abuse, including shaming, rejecting, terrorizing, or isolating a child.

Kensington School understands that behavior that sometimes appears to be disruptive is merely typical developmental behavior, such as biting. Children at Kensington School will be gently guided through these types of developmental behaviors as they grow and learn to communicate with classmates and teachers.

#### Behavior Support/Planned Transition Policy:

A child (infant, toddler, preschool or school age) may be transitioned from Kensington School to a different program, after documented attempts have been made to support a child and family, due to any of the following: If it is determined that the child's needs are not being met at the school. If it is determined that the child's presence is detrimental to the group. If the parent does not comply with the policies of the school such as: fees not paid on time, child not picked up on time, etc.

I have read and agree to comply with Kensington School's Guidance and Discipline Policy and Behavior Support/ Planned Transition Policy.

Child's Name	
Parent/ Guardian Signature	Date



# Late Pick-Up Policy Statement

Child's Name	Birth Date
Kensington School is open	at 7:00am and closes promptly at 6:00pm.
fee of \$5.00 if the parent is ten minutes late of	the school after 6:00pm will be required to pay a late pick-up or less. If the parent is more than ten minutes late, the fee is is per family, not per child, and will be billed to a parent's
circumstance. If a child's parent has not are contact the child's parents to determine the unsuccessful, the closing staff will begin con arrange for them to pick up the child. At '	rill be enforced regardless of weather or any unexpected rived by 6:10pm, the closing staff will begin attempting to estimated time of arrival. At 6:15pm, if these attempts are ntacting the emergency contacts provided by the parents to 7:00pm, if all attempts to reach the parents and emergency till contact the school director and notify her of the situation. For assistance.
their emergency contacts at all times. Emergers form and contingency form. If a parent is lat	to ensure that the school has current contact information for gency contact information must be on the child's enrollment te, our staff will diligently call all phone numbers for parents to reach any contacts, we will have to notify the police
•	caring atmosphere for the child during this time and ensure not in any distress. Our teachers will only discuss the issue th the child.
I have read and agree to cor	mply with the school's Late Pick-Up Policy.
Parent/Guardian Signature	Date



## Sign-In and Sign-Out Policy

Dear Parent or Guardian,

Per DCFS licensing standards, we must comply with important daily sign-in and sign-out procedures. A fee of \$10.00 per day will be charged to a parent's Tuition Express account when failing to sign-in or out. These fees will be contributed to Kensington Cares philanthropic events. Thank you for your cooperation with these very important safety procedures.

Thank you, Kensington School

#### Sign-In and Sign-Out Procedures

- It is imperative that parents sign their child in and out on the computer and manually in the binder daily. This is a DCFS regulation that we must always follow.
- When you enter the school with your child, sign your child in on the biometric computer AND manually in the alphabetized binder before entering your child's classroom. When leaving with your child, sign your child out on the computer AND in the binder after you pick him or her up from the classroom. If unable to sign your child in or out on the computer, parents should indicate this by signing the clipboard by the computer.
- After signing in, proceed to take your child directly into the classroom. A staff member will be there to greet you and your child.
- When picking up your child, enter the school and go directly to the classroom. Please, for the
  child's safety, indicate to the teacher in charge that you are removing your child from the
  school grounds. Please escort your child by hand out of the classroom and to the car.
- If someone else is dropping off your child or is authorized to pick up your child, he or she is to follow this same procedure.
- Children must be signed out electronically and manually.

I have read and agree to comply with the school's Sign-In and Sign-Out Policy.

Parent/Guardian Signature	Date
Child's Name	Birth Date



## Photo Release

As the parent/guardian of a child at Kensington School, I agree to the following:

- I understand that my child, whose name is listed below, may be photographed at Kensington School during class time, field trips, special events and celebrations.
- I understand that photographs may be used internally in classroom and hallway displays.
- I understand that photographs may be used externally in school newsletters, promotional print
  materials, on Kensington School's website, Kensington School's Facebook page and other
  social media outlets. No names will be used in external publishing.
- I understand that photographs will be reviewed and authorized by Kensington School administration prior to utilization.
- () Yes, I grant consent to Kensington School to utilize photographs of my child in classroom and hallway displays, school newsletters, promotional print materials, on Kensington School's website, Kensington School's Facebook page and other social media outlets.
- () No, I do not grant consent to Kensington School to utilize photographs of my child in classroom and hallway displays, school newsletters, promotional print materials, on Kensington School's website, Kensington School's Facebook page and other social media outlets.

This consent is valid for the entire time my child is enrolled at Kensington School. I may revoke this consent at any time by notifying the school director.

\*\*Individual form required for each child\*\*

Child's Name (please print)
Parent/Guardian Name (please print)
Parent/ Guardian Signature:
Date:



# Integrated Pest Management Form

Kensington School Location:

Arlington Heights _	Elmhurst	Geneva	Glenview	Hinsdale						
LaGrange	LaGrange Highlands	Naperville _	Park Ridge _	South Naperville						
St. Charles	Western Springs	Wheaton	Wheaton							
control that reduces pes non-chemical and least	or Staff Member:  ool practices Integrated Pest t populations while minimis toxic means to control a capplications will be sched	izing pesticide appl current pest proble	ications. If, af m, and a pesti	ter trying						
term pesticide includes	nd/or post any needed pest insecticides, herbicides, ro please contact the school	odenticides and fur	ngicides. If you	ı have any						
Kensington School										
Child's Name _										
Parent/Guardian Sign	ature		Date							



## Child's Birth Certificate

The Department of Children and Family Services requires all licensed programs to have a copy of a child's birth certificate on file.

A copy of your child's birth certificate must accompany all of the forms to complete his or her file.



Dear Physician,

Section 407. 310 (Health Requirements for Children) DCFS licensing standards states:

- A medical report, on a form presented by the department, shall be on file for each child and shall include a physical that should be administered no earlier than six months prior to the first day of enrollment. This physical shall be repeated every two years. For school- age children, a copy of the most recent regularly scheduled school physical may be submitted (even if more than six months old).
- A tuberculin test shall be included in the initial only. A TB test is required within six
  months prior to enrollment unless the physician verifies in writing that the current test
  is valid and anew TB test is not necessary.
- The initial examination shall show that children from the ages of one to six years have been screened for lead poisoning (for children residing in an area defined as high risk by the Illinois Department of Public Health in its Lead Poisoning Prevention Code 977III. Adm. Code 845) or that a lead risk assessment has been completed for children residing in an area defined as low risk by the Illinois Department of Public Health.

If you feel that a TB test is not necessary at this time because of low risk factors, please indicate below. If you feel that a lead poison screen is not necessary at this time because of low risk factors, please also indicate below.

	I do not feel a TB test is necessary at this time.									
	I do not feel that a lead poison screen is necessary at this time.									
Physician Comments:										
Child's Name										
Physician Signature		Date								

#### Please note on the medical form:

- Physician must sign/date under physical examination.
- Health care provider must sign/date under immunization dates.
- Parents must complete health history.



#### State of Illinois Certificate of Child Health Examination

FOR USE IN DCFS LICENSED CHILD CARE FACILITIES CFS 600 Rev 12/2011

Student's Name								Birth D	ate		Sex Race/Ethnicity School/Grade					de Leve	l/ID#	
Last	First				Mid	dle		Month/D	ay/Year									
Address Stree	et	C	itv	Zip Code					Parent/Guardian Telephone # Home					Work				
<b>IMMUNIZATIONS</b> : To be completed by health care provider. Note the mo/da/yr for <i>every</i> dose administered. The day and month is required if you cannot determine if the vaccine was given <i>after</i> the minimum interval or age. <b>If a specific vaccine is medically contraindicated, a separate written statement must be attached explaining the medical reason for the contraindication.</b>								be										
Vaccine / Dose	М	1 IO DA Y	R	М	2 IO DA	YR	N	3 MO DA YR MO			4 5 MO DA YR MO DA Y			7R MO DA YR			YR	
DTP or DTaP																		
Tdap; Td or Pediatric DT (Check specific type)	□Tda	ap□Tdl	□DT	□Tda	ар□Тс	d□DT	□Tda	ap□Td	□DT	□Tda	ap□Td□	□DT	□Tda	ap□Td	□DT	□Td	ap□Td	□DT
Polio (Check specific type)		PV 🗆 (	OPV		PV 🗆	OPV	□ I	PV 🗆	OPV	□ I	PV 🗆 (	OPV	□ I	PV 🗆	OPV		PV 🗖	OPV
<b>Hib</b> Haemophilus influenza type b																		
Hepatitis B (HB)														-				
Varicella (Chickenpox)										CON	MEN	TS:						
MMR Combined Measles Mumps. Rubella																		
Single Antigen	ľ	Measles	5	Rubella				Mumps										
Vaccines																		
Pneumococcal Conjugate																		
Other/Specify Meningococcal,																		
Hepatitis A, HPV, Influenza																		
Health care provider (Note to the above immunization									) verifyi	ing abo	ve immu	nizatio	n histoi	y must	sign be	low. I	fadding	dates
Signature								Tit	le					Da	te			
Signature								Tit	le					Da	te			
ALTERNATIVE PR	OOF (	OF IMI	MUNI	ГΥ														
1. Clinical diagnosis is	•										er July 1, 2				y laborato	ory evide	nce.)	
*MEASLES (Rubeola)  2. History of varicella (								LA MO			Physicia health n				official			
Person signing below is veri		. /								,						umentati	on of dise	ease.
Date of Disease			Signatu	ire					Title						Date			
3. Laboratory confirma Lab Results	ntion (ch	ieck one	*	leasles Date	МО	IMump da yi		□Rube	lla	□Нер	atitis B		Varic	ella copy of	ab resu	lt)		
									_	_	_				_	_	_	
		VICIO	NI A NID	HEAD	INC CO	ODEENI	NC DV	IDDII	CEDTI	EIED 6	CDEENI	INC TI		CLAN				

				VISIO	N AND	HEAF	RING S	CREE	NING I	BY IDP	н сег	TIFIE	D SCR	EENING	ТЕСН	NICIA	.N		
Date																			Code:
Age/ Grade																			P = Pass
	R	L	R	L	R	L	R	L	R	L	R	L	R	L	R	L	R	L	F = Fail U = Unable to t
Vision																			R = Referred G/C =
Hearing																			Glasses/Contac

Student's Name		TT		26.19	Birt	h Date	Sex	School		Grade Level/ ID #		
HEALTH HISTORY		First	ADI ET	Middle FD AND SIGNED BY PARE	NT/G	Month/Day/ Year	D RV H	FALTH C	ADE PD	OVIDER		
HEALTH HISTORY TO BE COMPLETED AND SIGNED BY PARENT/GUARDIAN AND VERIFIED BY HEALTH CARE PROVIDER  ALLERGIES (Food, drug, insect, other) MEDICATION (List all prescribed or taken on a regular basis.)												
			No			, ·						
Diagnosis of asthma? Yes Child wakes during the night Yes					Loss of function of one of porgans? (eye/ear/kidney/tes	Yes	No					
Birth defects?		Yes	No		Hospitalizations? When? What for?	Yes	No					
Developmental delay?  Blood disorders? Hemor	ohilia,	Yes Yes	No No			Surgery? (List all.)		Yes	No			
Sickle Cell, Other? Exp	lain.					When? What for?			2.7			
Diabetes?	/D 1	Yes	No			Serious injury or illness?	.\0	Yes	No	TC		
Head injury/Concussion			No			TB skin test positive (past/)	Yes*		If yes, refer to local health department.			
Seizures? What are they		Yes ? Yes	No No			TB disease (past or present		Yes*	No No	•		
Heart problem/Shortness Heart murmur/High bloo			No		Tobacco use (type, frequen Alcohol/Drug use?	Yes	No					
Dizziness or chest pain	•	Yes	No			Family history of sudden de	eath	Yes	No			
exercise?  Eye/Vision problems?				☐ Last exam by eye doctor		before age 50? (Cause?)						
Other concerns? (crossed						Dental □ Braces □ • Bridge □ • Plate Other						
Ear/Hearing problems? Bone/Joint problem/inju		Yes	No No			Information may be shared with appropriate personnel for health and educational purposes.  Parent/Guardian						
	•					Signature	ID /D O	/ A TO TATE A		Date		
PHYSICAL EXAM	INATIO	N REQU	IREM	ENTS Entire section	belov	v to be completed by M	1D/DO/	/APN/PA				
HEAD CIRCUMFEREN	CE			HEIGHT		WEIGHT		BMI		B/P		
				(CARE) BMI>85% age/sex sistance (hypertension, dyslipid						ly History Yes □ No □ Io □ At Risk Yes □ No □		
	Ethnic Minority Yes \( \Boxed{\text{No}} \\ \Delta \text{Signs of Insulin Resistance} \) (hypertension, dyslipidemia, polycystic ovarian syndrome, acanthosis nigricans) Yes \( \Delta \text{No} \) \( \Delta \text{t Risk} \text{ Yes} \( \Delta \text{No} \) \( \Delta \text{t Risk} \text{ Yes} \( \Delta \text{No} \) \( \Delta \text{t Risk} \text{ Yes} \( \Delta \text{No} \) \( \Delta \text{t Risk} \text{ Yes} \( \Delta \text{No} \) \( \Delta \text{t Risk} \text{ Yes} \( \Delta \text{No} \) \( \Delta \text{Blood Test Date} \) \( \Delta \text{Blood test required if resides in Chicago.} \)											
										onditions, frequent travel to or born in		
high prevalence countries or	those expo			risk categories. See CDC guidel	ines.	No test needed $\square$		rformed 🗆		, 1		
Skin Test: Date F Blood Test: Date I		/ .		9	ative gative							
					zative					<u> </u>		
LAB TESTS (Recommend		Dat	e	Results		G. 11 G. H. ( 1	4 IN	D	ate	Results		
Hemoglobin or Hemato Urinalysis	crit					Sickle Cell (when indicated Developmental Screening)		+				
SYSTEM REVIEW	Normal	Comment	s/Fallo	w-up/Needs		· ·		omments/I	Tollow_1	In/Needs		
Skin	1401 IIIai	Commen	.5/1 0110	w-up/recus		Endocrine	i iliai   C	Omments/1	UIIUW-L	ip/ivecus		
Ears						Gastrointestinal	_					
Eyes				Amblyopia Yes□	No□	Genito-Urinary	_			LMP		
Nose				7 moryopia 1 es 🗆	1100	Neurological	-+			EWII		
Throat						Musculoskeletal						
Mouth/Dental						Spinal Exam						
Cardiovascular/HTN						Nutritional status						
Respiratory				☐ Diagnosis of Asthr	ma	Mental Health						
	cting Beta Antagonist )	Other										
NEEDS/MODIFICATIONS required in the school setting  DIETARY Needs/Restrictions												
SPECIAL INSTRUCTIONS/DEVICES e.g. safety glasses, glass eye, chest protector for arrhythmia, pacemaker, prosthetic device, dental bridge, false teeth, athletic support/cup												
MENTAL HEALTH/OTHER Is there anything else the school should know about this student?												
If you would like to discuss this student's health with school or school health personnel, check title: \( \subseteq \text{Nurse} \) \( \subseteq \text{Teacher} \) \( \subseteq \text{Cunselor} \) \( \subseteq \text{Principal} \) <b>EMERGENCY ACTION</b> needed while at school due to child's health condition (e.g., seizures, asthma, insect sting, food, peanut allergy, bleeding problem, diabetes, heart problem)?												
Yes □ No □ If yes, please describe.												
On the basis of the examina PHYSICAL EDUCAT	tion on this	day, I appro		hild's participation in <b>Modified</b> □	INT	(If No or Mo ERSCHOLASTIC SPOR			planatior <b>Yes</b> □			
Print Name				(MD,DO, APN, PA)	Sign	ature				Date		
Address						Phone						

# SUMMARY OF LICENSING STANDARDS FOR DAY CARE CENTERS



#### Introduction

The Department of Children and Family Services (DCFS) is responsible for licensing day care centers. When a day care center is licensed, it means that a DCFS licensing representative has inspected the facility and the facility was found to meet the minimum licensing requirements. A license is valid for three years. The day care center's license must be posted. It will indicate the maximum number of children allowed in the facility and the areas where children may receive care.

Licensed day care facilities are inspected annually by DCFS licensing staff. If a complaint has been received regarding a violation of the licensing standards of a day care center, a licensing representative will conduct a licensing complaint investigation to determine if the alleged violation should be substantiated or unsubstantiated. Individuals may contact the Day Care Information Line to learn of substantiated violations.

#### Day Care Information Line 1-877-746-0829

This statewide toll-free information line provides information to the public on the past history and record, including substantiated violations, of licensed day care homes, day care centers, and group day care homes. This number operates Monday through Friday from 8:30 a.m. to 5:00 p.m.

#### **Summary of Licensing Standards for Day Care Centers**

The following is a summary of the licensing standards for day care centers. It has been prepared for you so that you may monitor the care provided to your child. This is a summary and does not include all of the licensing standards for a day care center. State licensing standards are *minimum* standards. If you observe a violation of any of these standards, you are encouraged to discuss your concerns with the day care center operator. In most cases, parents and day care operators are able to resolve the parents' concerns and issues. If you believe the day care operator is not responding to your concerns and may not be meeting state licensing standards, you may make a complaint to the local DCFS Licensing Office or by calling the Child Abuse Hotline at 1-800-252-2873 and stating that you want to make a licensing complaint. A DCFS licensing representative will investigate your complaint and report the results back to you. The day care center is required to provide a copy of its own written policies regarding the operation of the facility to each staff person and to parents of enrolled children.

CFS 581 Rev. 12/2000

#### State of Illinois Illinois Department of Children and Family Services

#### **VERIFICATION OF RECEIPT**

I/WE,										
,	Please Print Name(s)									
parent(s) of	Name(s) of Child(ren)	, hereby certify that I/we have								
received a copy of a summ	nary of licensing standards printed by the Illinois De	partment of Children and Family Services.								
Signature of Parent		Date								
Signature of Parent		Date								

THIS COMPLETED FORM IS TO BE PLACED IN EACH CHILD'S FILE AT THE DAY CARE FACILITY.

This summary has been developed to assist parents in monitoring the care provided by the day care center.

For a complete copy of the Licensing Standards, write or call

Department of Children and Family Services Office of Child and Family Policy 406 East Monroe Street Springfield, Illinois 62701 Telephone (217) 524-1983

Licensing Standards for Day Care Centers may also be accessed through the DCFS Web site: www.state.il.us/dcfs and following the links to Part 407, Licensing Standards for Day Care Centers. You may also contact your nearest DCFS office.

> Printed by Authority of the State of Illinois DCFS #852 – May 2010 – 20,000 Copies CFS 1050-52 – Rev. 5/10

#### **Staffing**

- The day care center must have a qualified child care director on site at all times. The director must be at least 21 years old, have completed two years of college or have equivalent experience and credentials.
- Early childhood teachers must be at least 19 years old, have two years of college or have equivalent experience and credentials.
- School-age workers must be at least 19 years of age and at least five years older than the oldest child in their care. They must have completed one year of college or have the equivalent experience and credentials.
- Early childhood assistants and school-age assistants must have a high school diploma or the equivalent and must work under direct supervision of an early childhood teacher or a school-age worker.
- Student and youth aides must be at least 14 years of age, at least five years older than the oldest child in their care, and must work under direct supervision of an early childhood teacher or a school-age worker.
- Student and youth aides are not generally counted for purposes of maintaining staff/child ratios.
- The director and all child care staff must have 15 hours of in-service training annually.
- All staff must have current medical reports on file and are subject to background checks for any record of criminal conviction or child abuse and neglect.
- A person certified in first aid, including CPR and the Heimlich maneuver, must be present at all times.

#### **Group Size and Staff Requirements:**

AGE OF CHILDREN	STAFF/CHILD	MAXIMUM		
	RATIO	GROUP SIZE		
Infants (6 weeks through 14 months)	1 to 4	12		
Toddlers (15 through 23 months)	1 to 5	15		
Two years	1 to 8	16		
Three years	1 to 10	20		
Four years	1 to 10	20		
Five years (preschool)	1 to 20	20		
School-age: Kindergartners present	1 to 20	30		

- Exception: One early childhood teacher and an assistant may supervise a group of up to 30 children if all of the children are at least five years of age.
- Whenever children of different ages are combined, the staff/child ratio and maximum group size must be based on the age of the youngest child in the group.

#### **General Program Requirements**

- Parents must be allowed to visit the center without an appointment any time during normal hours of operation.
- Staff must demonstrate respect for each child enrolled regardless of gender, ability, cultural, ethic or religious differences.
- There must be a balance of active and quiet activity. Daily indoor and outdoor activities are to be provided for children to make use of both large and small muscles.
- In pre-school programs where children receive care for less than three hours per day, outdoor activity is not required.
- Children may not be left unattended at any time.

- Exits must be unlocked and clear of equipment and debris.
- Drills for fire and tornado must be conducted. A floor plan must be posted
  in every room indicating the areas providing the most safety in the case
  of a tornado and the primary and secondary exit routes in case of fire.
- Smoking or the use of tobacco products in any form is prohibited in the child care center or in the presence of children while on the playground or on trips away from the center.
- Play materials must be durable and free from hazardous characteristics.
- The facility may not use or have on the premises any unsafe children's product as described in the Children's Product Safety Act. Lists of unsafe children's products and recalls from 1989 to now are available at: www.idph.state.il.us/webapp/SRSApp/pages/index.jsp.
- The facility must be cleaned daily and kept in sanitary condition at all times.
- First-aid kits must be maintained and readily available for use.

#### **Outdoor Play Area**

- Play space must be fenced or otherwise enclosed or protected from traffic and other hazards. There must be a shaded area in summer to protect children from excessive sun exposure.
- All areas of the outdoor play space must be visible to staff at all times.
- Equipment must be free of sharp points or corners, splinters, protruding nails or bolts, loose or rusty parts, the potential for entrapment and/or other hazards.
- Protective surfaces must be provided under equipment from which a child might fall
- All swimming pools must be fenced or otherwise inaccessible to children.
- During hours of operation and at all times that children are present there must be a means for parents of enrolled children to have direct telephone contact with a center staff person.

 Medication must be kept in locked cabinets or other containers that are inaccessible to children.

#### **Nutrition and Meals**

- Menus must be posted.
- Meals and snacks must meet nutritional guidelines.
- Children in care two to five hours must be served a snack. Children in care five to 10 hours must be served a meal and two snacks or two meals and one snack. Children in care more than 10 hours must be served two meals and two snacks or one meal and three snacks.

#### **Napping and Sleeping**

- Children under six years of age who remain five or more hours must have the opportunity to rest or nap.
- Infants must sleep in safe, sturdy, freestanding cribs or portable cribs.
- Toddlers may use either stacking cots or full-size cribs.
- A cot or bed must be provided for each toddler or preschool child in attendance five or more hours. Each cot, bed or crib must be labeled with the name of the child.

#### **Physical Space**

- Infants and toddlers must be housed and cared for at ground level unless special approval has been granted from the Department.
- Indoor space must provide a safe, comfortable environment for the children. Floors and floor coverings must be washable and free from drafts and dampness.
- Toilets and lavatories must be readily accessible to the children.
- Hot and cold running water must be provided.
- Hazardous items must be inaccessible to children.
- Parents must be notified before pesticides are applied, unless in an emergency

#### **Infants and Toddlers**

- Infants and toddlers must be in separate space away from older children.
- A refrigerator and sink must be easily accessible.
- Toys and indoor equipment must be cleaned and disinfected daily. Safe, durable equipment and play materials must be provided.
- Either the day care center or the parent may provide food for infants not consuming table food. Feeding times and amounts consumed must be documented in writing.
- No food other than formula, milk, breast milk or water may be placed in a bottle for infant feeding. Microwaves are not to be used for bottle warming.
- Children who cannot turn over alone must be placed on their backs.
- The facility must have a clearly defined diaper changing area with the procedures for changing diapers clearly posted. A hand-washing sink must be accessible for hand washing.
- Staff changing diapers must wash their hands and the child's hands with soap and running water after diapering.
- Information about feeding, elimination and other important information must be recorded in writing and made available to parents when the child is picked up at the end of the day.

#### **School-Age Children**

- The facility must have a designated area for school-age children so they do not interfere with the care of younger children.
- Clear definitions of responsibility and procedures are to be established among parent, day care center and school when children move to and from school.
- A variety of developmentally appropriate activities and materials must be available for children. Opportunities must be provided to do homework, if requested.

#### **Evening, Night and Weekend Care**

- Family-like groups of mixed ages are allowed.
- Staff must be awake at all times and in the sleeping area whenever children are sleeping.
- Each child must have an individual cot, bed or crib.
- An evening meal and a bedtime snack must be served.
- Breakfast must be served to all children who have been at the facility throughout the night and are present between 6:30 a.m. and 8:30 a.m.

#### **Enrollment and Discharge**

- Parents must be provided the names, business address and telephone number of persons legally responsible for the program.
- Parents must be provided, in writing, information on the program, fees, arrival and departure policies explaining to the parents and guardians what actions the caregiver will take if children are not pick up at the agreed upon time, and the guidance and discipline policies.
- Parents must complete an enrollment application, which includes, for first time enrolment, providing a certified copy of their child's birth certificate (which will be copied by the center and returned to the parent), emergency numbers, and persons authorized to pick up their child.
- A child may only be released to a parent or other responsible person designated by the parent.
- Daily arrival and departure logs must be kept by the center.

#### **Guidance and Discipline**

- Parents must be given a copy of the guidance and discipline policy.
- The following are prohibited:
  - corporal punishment
  - threatened or actual withdrawal of food, rest or use of the bathroom
  - abusive or profane language
  - public or private humiliation
  - emotional abuse, including shaming, rejecting, terrorizing or isolating a child

• "Time-out" is to be limited to one minute per year of age. "Time-out" may not be used for children less than two years of age.

#### **Transportation**

- The driver must be 21 years of age and hold a driver's license that has been continuously valid for three years.
- Children must not be allowed to stand or sit on the floor of the vehicle.
   Age appropriate safety restraints must be used when transporting children in vehicles other than school buses.
- The driver must make sure that a responsible person is present to take charge of a child when delivered to his or her destination.

#### **Health Requirements for Children**

- A medical report indicating that the child has been appropriately immunized must be on file for each child. A tuberculin skin test is to be included in the initial exam unless waived by a physician.
- The medical report is valid for two years for infants and preschool children. Exams for school-age children are required consistent with the requirements of the public schools.
- The center will comply with the Illinois Department of Public Health's Hearing and Vision Screening Codes and the Illinois Child Vision and Hearing Test Act.
- Children aged one to six years must have either a lead risk assessment or a lead screening.
- Water must be freely available to all children.
- Children's hands must be washed with soap and water upon arrival at the center, before and after meals or using the toilet, after wiping or blowing their noses, after outdoor play and after coming into contact with any soiled objects.
- Prescription and non-prescription medication may be accepted only in its original container. The center must maintain a record of the dates, times administered, dosages, prescription number (if applicable) and the name of the person administering the medication.