



Infant Menu Items

Child's Name: _____

Option 1: My child can be served ALL of the table foods on this list.

Option 2: My child can be served ONLY the following highlighted/underlined foods.

Entrees:

- chicken pot pie (side biscuit)
- cinn. French toast sticks
- taco (meat only)
- chicken/cheese quesadillas
- beef/cheese quesadillas
- ham
- chicken nuggets
- cheese pizza
- bosco sticks
- turkey and cheese sub
- grilled cheese slider
- meatballs
- pasta/bolognese sauce
- baked pasta caprese
- plain pasta
- mac and cheese
- beef mac and cheese
- meatloaf
- sloppy Joes
- beef sliders
- Greek chicken
- cider glazed chicken
- cheddar broccoli chicken
- chicken slider
- chicken alfredo w/peas
- teriyaki chicken
- BBQ chicken
- turkey lasagna
- orange chicken

Vegetarian Options:

- soy chicken
- Tofurkey
- veggie sausage
- soy ham
- soy beef meatball

Sides:

- tater tots
- whipped/mashed potatoes
- whipped sweet potatoes
- brown rice
- French bread
- tortilla
- Greek rice
- turkey sausage
- sour cream

Fruits:

- pears
- peaches
- bananas
- watermelon
- cantaloupe
- honeydew melon
- applesauce
- pearsauce

Steamed Vegetables:

- Green beans
- Zucchini
- Broccoli
- Squash
- Cauliflower
- Peas
- Carrots

Beverages:

Please serve my child WHOLE MILK at the following times:

_____am snack _____lunch _____pm snack _____None

Please serve my child WATER at the following times:

_____am snack _____lunch _____pm snack _____None

Snacks:

- Cheerios
- puff cereal
- butter crackers
- graham crackers
- cinnamon graham crackers
- bunny gram crackers
- cheddar bunnies
- veggie chips/straws
- cheese cubes
- yogurt (strawberry/vanilla/blueberry)
- cottage cheese
- turkey deli slices
- bread with jelly
- ranch dip
- mini muffins (assorted)
- hummus
- pita bread
- bread sticks/marinara sauce
- rice pudding
- black bean dip
- snack mix (cheerios, crackers, puffs)

Please avoid the following foods due to allergies or personal or religious reasons:

Please Note: Vegetarian, dairy-free and gluten-free options are available. Please see our director to discuss. All food served to all infants will be chopped or diced unless parent specifies. Also, out of caution, sun butter is not served in our infant classrooms.

Please DATE when updated: