

# Welcome to Kensington School!

You will find attached forms that will complete your child's file, per DCFS requirements.

Please complete these forms and return to the school at least one month prior to your child's starting date. We will review the forms and contact you if any further information is required.

Forms should be carefully completed by parents or guardians. The medical form must be completed by your child's physician. Please note the child's health history section on the medical form, which must be completed by a parent or guardian.

Thank you!

LaGrange · LaGrange Highlands · Western Springs
Geneva · St. Charles · Naperville · Wheaton
South Naperville · Elmhurst



# Getting to Know Your Child

(for 2 to 5 year-olds)

Please complete this form so that we may get to know your child better.

	like us to call your		Birth Date							
Health Any allergies? Any medical conditions? _										
History Age began talking Any speech or hearing diff Is your child potty trained?	iculties?		handed?	Left hande 	.d?					
Social Relationships Previous group experience Favorite toys and activities Knows the following children Is your child generally friend How does he or she get alcohold does the child express How do you discipline?	at home in our school dly shy ong with siblings? _ feelings?	active	sensitive	other						
Has had experience with:	Play-Doh		_ easel pair	•	climbers tricycles					
Eating Favorite foods Food dislikes Food allergies/restrictions Is child hungry at meal time			· 							
Sleeping Time child goes to bed at r Does child need help going										
Mood when awakened Does child nap at home? _	When	to when?								
In what particular ways can experience? Please add thi			•							

Thank youl



Please complete this form so that we may get to know your child better.

Child's Name  Nickname/What would you like	e us to call your	 child?	Birth Date						
Health Any allergies? Any medical conditions? Is your child teething? Special									
Large Motor Skills Age learned to roll over	to sit up	to craw	l to	stand to	walk				
Small Motor Skills  Age learned to hold objects _  Age began self feeding		er objects har	nd to hand	to hold a cu	.p				
Social Relationships Previous group/babysitting exp Favorite toys and activities at Is your child generally happy _ Does he or she have siblings?	home shy	trusting of	others	other					
Eating Favorite foods Food dislikes Food allergies/restrictions									
Has your child started eating:				Vegetables	Meat				
Sleeping Naps: How many naps a day How does your child lik What is the preferred	does your child t e to fall asleep?	-ake?	_ Approximo	ately what times? _					
More information regarding y	our child's eating	and sleeping s	chedule/Additi	onal Comments:					

Thank youl

Please complete this form so that we may get to know your child better.

Child's Name	Birth Date
Nickname/What would you like us to call your child? $\_$	
Health Any allergies?	
Social Relationships Previous school experience Knows the following children in our school Is your child generally friendly shy ac How does he or she get along with siblings? How does the child express feelings? Favorite pastime activities or hobbies?	tive sensitive other
Eating Food allergies/restrictions Is child hungry at meal times? Between meals? Favorite foods Food dislikes	
Preferences  Does your child enjoy active play?  Has he/she participated in group activities?  Does your child enjoy team sports? Which ones?	
Sleeping Time child goes to bed at night awakens _ Does your child nap?	

In what particular ways can we help your child this year? What do you hope your child will gain from this experience? Please add this and any additional comments or information on the back of this form.



# Authorization for Emergency Medical Care

I authorize the staff and Director to administer first aid care for my child	
parent cannot be reached.	
Signature of Parent or Guardian	Date
Permission is given if my child becomes seriously ill or the emergency ambulance service (911) will be immediate will make the decision as to whether or not the child will k will accompany the child until the parent arrives. Parents	ely called to the school and the emergency paramedics be transported to the hospital. A member of the staff
Signature of Parent or Guardian	Date
In the event of an emergency, we must have the name, of the cannot contact you.	address and phone number of someone we can reach
Father's Work Phone	Father's Cell Phone
Mother's Work Phone	Mother's Cell Phone
Home Phone	
1. Name 2	. Name
Address	Address
Phone	Phone
Relationship	Relationship
3. Name	
Address	
Phone	
Relationship	
Does your child have any allergies, food restrictions or m	nedical conditions?
Additional comments:	



•	I understand the policies and the tuition procedures of the enrollment forms and assume responsibility for such.	ne school as stated in the parent handbook and
	Signature of Parent or Guardian	Date
•	I understand that the center is not responsible for my che personal care of a teacher or after the child has been poicking up the child (ren) from the school. At those time	personally placed into the hands of the person
	Signature of Parent or Guardian	Date
•	Permission is given for	eld trips planned by the school on a chartered bus.
	Signature of Parent or Guardian	Date
•	Permission is given to release my telephone number to o	ther parents throughout the year.
	Signature of Parent or Guardian	Date
•	My child, has rother school related activities planned by the school. I use and safety rules will be enforced. This is not intended as	
	Signature of Parent or Guardian	Date
•	I understand the school's policy concerning parents solicitinannying services.	ng our teaching staff for babysitting and
	Signature of Parent or Guardian	Date



# Please complete either #1 or #2:

Name:	Daytime Phone
Address:	
	Evening Phone
Relationship to child:	·
Name:	Daytime Phone
Address:	,
	Evening Phone
Relationship to child:	<del></del>
Name:	Daytime Phone
Address:	
	Driver's License #
Relationship to child:	
Signature of Parent or Guardi	ian:
	-OR-
mo	ay only be released to a parent or guardian.
(Child's Name)	, ,
	ian:



# Guidance and Discipline Policy Statement

Kensington School's philosophy of guidance is to provide a nurturing classroom environment in which children are encouraged to model their teacher's positive behavior. Kensington School's philosophy encourages communication and cooperation through positive reinforcement.

Children will be encouraged toward appropriate behavior through positive tones of voice and praise. Misbehaving will be met with a verbal reminder of accepted behavior and redirection toward more positive actions. Throughout the day, the children will be encouraged to remember the following five rules: Eyes Watching; Ears Listening; Hands Still; Brain Thinking; Heart Caring.

Children whose behavior endangers others will be supervised away from the other children while processing the problem. Time Outs are never used at Kensington School. Children will not be embarrassed for toilet accidents.

Serious inappropriate or disruptive behavior will be discussed with the parents, either in a telephone conversation or a conference, at which time a plan for resolving this behavior will be put in place. Since discipline is the responsibility of the adults who have an ongoing relationship with the child, when there is a specific plan for unacceptable behavior, all staff who affect the child shall be aware of and cooperate with the plan. If problematic behavior management plans are developed to meet the needs of a particular child, all staff working with the child shall receive training on implementing the plan.

The following forms of discipline are prohibited in our schools: any kind of corporal punishment, withholding (or threatening to withhold) food, abusive or profane language, any kind of humiliation, any form of emotional abuse i.e. shaming or isolating a child.

### **DISCHARGE POLICY:**

A child may be discharged from the school due to any of the following:

- 1. If it is determined that the child is disruptive, uncooperative, or in any way disturbs the other children or the program.
- 2. If it is determined that the child's needs are not being met at the school.
- 3. If the parent does not comply with the policies of the school such as: fees not paid on time, child not picked up on time, etc.

The Director and the staff will work with the child and parents to attempt to arrive at an amicable solution to any problem. If all avenues of intervention have been unsuccessful, the school will offer assistance in locating suitable alternate care. Parents will be given ample time to visit and secure placement for their child. Discharge will occur as a last resort.

I have read and agree to comply with the school's policies regarding discipline and discharge.							
Parent/Guardian Signature	Child's Name						
Staff Signature	Date						



FOR OUR PART-DAY STUDENTS, children may be picked up 10 minutes before to 10 minutes after the scheduled ending time for the class. Parents will be required to pay a late pick-up fee of \$5.00 if the parent is ten minutes late or less. If the parent is more than ten minutes late, the fee is a dollar per minute thereafter. This late fee is per family, not per child, and is payable to Kensington School. The fee will be added to your account. Please be aware that this policy will be enforced regardless of weather or any unexpected circumstance. If a parent is later than fifteen minutes picking up a child and has not called, the closing director will begin to contact the child's emergency contacts.

FOR OUR FULL-DAY STUDENTS, our school is open at 7:00am and closes promptly at 6:00pm. The parent of any child remaining in the school after 6:00pm will be required to pay a late pick-up fee of \$5.00 if the parent is ten minutes late or less. If the parent is more than ten minutes late, the fee is a dollar per minute thereafter. This late fee is per family, not per child, and is payable to Kensington School. The fee will be added to your account. Please be aware that this policy will be enforced regardless of weather or any unexpected circumstance. If a child's parent has not arrived by 6:10pm, the closing staff will begin attempting to contact the child's parents to determine the estimated time of arrival. At 6:15pm, if these attempts are unsuccessful, the closing staff will begin contacting the emergency contacts provided by the parents to arrange for them to pick up the child. At 7:00pm, if all attempts to reach the parents and emergency contacts are unsuccessful, the closing staff will contact the school director and notify her of the situation. The closing staff will then contact the police for assistance.

It is the responsibility of the parents to ensure that the school has current contact information for their emergency contacts at all times. Emergency contact information must be on the child's enrollment form and contingency form. If a parent is late, our staff will diligently call all phone numbers for parents and emergency contacts. If we are unable to reach any contacts, we will have to notify the police department.

Our teachers will maintain a positive, caring atmosphere for the child during this time and ensure that the child is comfortable, reassured and not in any distress. Our teachers will only discuss the issue with a parent or emergency contact, never with the child.

I have read and agree to comply with the school's Late Pick-U	p Policy.
Parent/Guardian Signature	Child's Name
Date	



## Photo Release

As the parent/guardian of a child at Kensington School, I agree to the following:

- I understand that my child, whose name is listed below, may be photographed at Kensington School during class time, field trips, special events and celebrations.
- I understand that photographs may be used internally in classroom and hallway displays.
- I understand that photographs may be used externally in school newsletters, promotional print materials,
   on Kensington School's website, Kensington School's Facebook page and other social media outlets.
   No names will be used in external publishing.
- I understand that photographs will be reviewed and authorized by Kensington School administration prior to utilization.
  - ( ) Yes, I grant consent to Kensington School to utilize photographs of my child in classroom and hallway displays, school newsletters, promotional print materials, on Kensington School's website, Kensington School's Facebook page and other social media outlets.
  - ( ) No, I do not grant consent to Kensington School to utilize photographs of my child in class-room and hallway displays, school newsletters, promotional print materials, on Kensington School's website, Kensington School's Facebook page and other social media outlets.

This consent is valid for the entire time my child is enrolled at Kensington School.

I may revoke this consent at any time by notifying the school director.

\*\*Individual form required for each child\*\*

Child's Name (please print)
Parent/Guardian Name (please print)
Parent/Guardian Signature:
Date:



# PLEASE CIRCLE LOCATION: Elmhurst Highlands Geneva LaGrange South Naperville St. Charles Western Springs Wheaton Naperville Dear Parent, Guardian, or Staff Member: Kensington School practices Integrated Pest Management (IPM), an approach to pest control that reduces pest populations while minimizing pesticide applications. If, after trying non-chemical and least-toxic means to control a current pest problem, and a pesticide has been deemed necessary, applications will be scheduled for Friday afternoons whenever possible. We will notify and/or post any needed pesticide applications for your review. The term pesticide includes insecticides, herbicides, rodenticides and fungicides. If you have any questions or comments, please contact the school Director. Thank you for your cooperation. **Kensington School** Parent Signature\_\_\_\_\_ Child Name\_\_\_\_\_ Date



# Child's Birth Certificate

The Department of Children and Family Services

requires all licensed programs

to have a copy of a child's birth certificate on file.

A copy of your child's birth certificate must accompany all of the forms to complete his or her file.



Dear Physician,

Section 407.310 (Health Requirements for Children) DCFS licensing standards states:

- A medical report, on a form presented by the department, shall be on file for each child and shall include a physical that should be administered no earlier than six months prior to the first day of enrollment. This physical shall be repeated every two years. For school-age children, a copy of the most recent regularly scheduled school physical may be submitted (even if more than six months old).
- A tuberculin test shall be included in the initial only. A TB test is required within six months prior to enrollment unless the physician verifies in writing that the current test is valid and anew TB test is not necessary.
- ♦ The initial examination shall show that children from the ages of one to six years have been screened for lead poisoning (for children residing in an area defined as high risk by the Illinois Department of Public Health in its Lead Poisoning Prevention Code 977III. Adm. Code 845) or that a lead risk assessment has been completed for children residing in an area defined as low risk by the Illinois Department of Public Health.

If you feel that a TB test is not necessary at this time because of low risk factors, please indicate below. If you feel that a lead poison screen is not necessary at this time because of low risk

factors, please	e also indicate below.	
	I do not feel a TB test is necessary at this time.	
	I do not feel that a lead poison screen is necessary	at this time.
Physician con	nments:	
Child's Name	;	
Physician Sig	nature	Date

### ON THE MEDICAL FORM:

- ♦ physician must sign/date under physical examination
- ♦ health care provider must sign/date under immunization dates
- parents must complete health history



### State of Illinois Certificate of Child Health Examination

FOR USE IN DCFS LICENSED CHILD CARE FACILITIES CFS 600
Rev 12/2011

Student's Name									ate		Sex Race/Ethnicity				School /Grade Level/ID#			
Last First Middle M									Month/Day/Year									
Address Street City Zip Code									Parent/Guardian Telephone # Home Work									
determine if the vaccine	IMMUNIZATIONS: To be completed by health care provider. Note the mo/da/yr for <i>every</i> dose administered. The day and month is required if you cannot determine if the vaccine was given <i>after</i> the minimum interval or age. If a specific vaccine is medically contraindicated, a separate written statement must be attached explaining the medical reason for the contraindication.													)e				
Vaccine / Dose	М	1 IO DA Y	R	М	2 IO DA Y	'R	M	3 IO DA Y	(R	4 MO DA YR			М	5 IO DA Y	R	6 MO DA YR		
DTP or DTaP																		
Tdap; Td or Pediatric DT (Check specific type)	□Tda	ap□Tdl	□DT	□Tda	ap□Td	□DT	□Tda	ap□Td	□DT	□Tda	ap□Td□	□DT	□Tda	ap□Td	□DT	□Tda	ap□Tdl	□DT
	П п	PV 🗆 (	OPV	Пп	PV 🗆	OPV	Пп	PV 🗆	OPV	П п		)PV		PV 🗆	OPV	<u> </u>	IPV □	OPV
Polio (Check specific type)			J. 1		. , <u>u</u>		1	. , <u>u</u>										<u> </u>
<b>Hib</b> Haemophilus influenza type b																		
Hepatitis B (HB)																		
Varicella (Chickenpox)										COV	MEN	TS:						
MMR Combined Measles Mumps. Rubella																		
Single Antigen	ľ	Measle	s	Rubella			1	Mumps										
Vaccines																		
Pneumococcal Conjugate																		
Other/Specify Meningococcal,																		
Hepatitis A, HPV, Influenza								 										
Health care provider (Note to the above immunization									) verifyi	ing abo	ve immu	nizatio	n histor	y must	sign bel	low. If	adding	dates
Signature								Tit	tle					Dat	e			
Signature								Tit	tle					Dat	<u>e</u>			
ALTERNATIVE PR																		
1. Clinical diagnosis is a	acceptal	ble if ve	rified b	y physic	ian.	*(A)	ll measle.	s cases di	agnosed	on or afte	er July 1, 2	2002, mu	st be con	firmed by	/ laboratc	ory evider	nce.)	
*MEASLES (Rubeola)									DA YI		Physicia							
<b>2. History of varicella (</b> Person signing below is veri																	on of dise	ase.
Date of Disease			Signatu						Title						Date			
3. Laboratory confirma Lab Results	ation (ch	neck one	*	Ieasles Date		Mump DA YE		Rube	lla	□Нер	atitis B		lVarice Attach c		ab resu	lt)		
																		_

	VISION AND HEARING SCREENING BY IDPH CERTIFIED SCREENING TECHNICIAN																		
Date																			Code:
Age/ Grade																			P = Pass
	R	L	R	L	R	L	R	L	R	L	R	L	R	L	R	L	R	L	F = Fail U = Unable to test
Vision																			R = Referred G/C =
Hearing																			Glasses/Contacts

Student's Name					Birt	h Date	Sex	School		Grade Level/ ID #
HEALTH HISTORY		First	MDI ET	Middle  FD AND SIGNED BY PARE	NT/C	Month/Day/ Year	D RV H	EALTH CARE	PROVIDE	P
HEALTH HISTORY TO BE COMPLETED AND SIGNED BY PARENT/GUARDIAN AND VERIFIED BY HEALTH CARE PROVIDER  ALLERGIES (Food, drug, insect, other) MEDICATION (List all prescribed or taken on a regular basis.)										
Diagnosis of asthma?		Yes	. No	F		Loss of function of one of		Yes No		
Child wakes during the night			No No	No		organs? (eye/ear/kidney/testicle)				
Birth defects?  Developmental delay?			No No			Hospitalizations? When? What for?		Yes No		
Blood disorders? Hemop	ohilia,	Yes				Surgery? (List all.)		Yes No		
Sickle Cell, Other? Explain.  Diabetes?			. No		When? What for? Serious injury or illness?		Yes No	<del>                                     </del>		
	etes? Yes No injury/Concussion/Passed out? Yes No			TB skin test positive (past/present)?				efer to local health		
• •			No No		TB disease (past or present)?		Yes* No	doportmo		
Heart problem/Shortness of breath?		? Yes	No			Tobacco use (type, frequency)?		Yes No	+	
Heart murmur/High blood pressure?		e? Yes	No No			Alcohol/Drug use?		Yes No	<u> </u>	
Dizziness or chest pain with exercise?		Yes	. No			Family history of sudden debefore age 50? (Cause?)	eath	Yes No		
Eye/Vision problems? _ Other concerns? (crossed				☐ Last exam by eye doctor _		Dental □ Braces □	Bridg	e □ Plate Or	her	
Ear/Hearing problems?	i eye, tiroop	Yes		1		Information may be shared with appropriate personnel for health and educational purposes.				
Bone/Joint problem/injury/scoliosis? Yes No						Parent/Guardian Signature Date				
PHYSICAL EXAM	INATIO	N REQU	JIREM	ENTS Entire section	belov	v to be completed by M	ID/DO	/APN/PA		
HEAD CIRCUMFEREN	CE			HEIGHT		WEIGHT		BMI		B/P
DIABETES SCREENI										ry Yes□ No□
Ethnic Minority Yes No Signs of Insulin Resistance (hypertension, dyslipidemia, polycystic ovarian syndrome, acanthosis nigricans) Yes No At Risk Yes No No										
<b>LEAD RISK QUESTIONAIRRE</b> Required for children age 6 months through 6 years enrolled in licensed or public school operated day care, preschool, nursery school and/or kindergarten. <b>Questionairre Administered ?</b> Yes □ No □ <b>Blood Test Indicated?</b> Yes □ No □ <b>Blood Test Date</b> (Blood test required if resides in Chicago.)										
TB SKIN OR BLOOD	TEST R	ecommend	ed only fo	or children in high-risk groups inc	cluding	g children immunosuppressed o			conditions,	frequent travel to or born in
· .	•		_	risk categories. See CDC guidel		No test needed □	Test pe	rformed 🗆		
Skin Test: Date F Blood Test: Date I			/ /		ative gative	_				
LAB TESTS (Recommend	_	Da	te	Results	,			Date		Results
Hemoglobin or Hematocrit			ic	Results		Sickle Cell (when indicated)		Date	_	Results
Urinalysis						Developmental Screening Tool				
SYSTEM REVIEW	Normal	Commen	ts/Follo	w-up/Needs		No	rmal C	omments/Follov	v-up/Need	s
Skin						Endocrine				
Ears						Gastrointestinal				
Eyes	Amblyopia Yes□ No		No□	Genito-Urinary			LMP			
Nose						Neurological				
Throat						Musculoskeletal				
Mouth/Dental						Spinal Exam				
Cardiovascular/HTN						Nutritional status				
Respiratory				☐ Diagnosis of Asthr	ma	Mental Health				
Currently Prescribed Asthma Medication:  — Quick-relief medication (e.g.Short Acting Beta Antagonist)					Other					
☐ Controller medication (e.g. inhaled corticosteroid)  NEEDS/MODIFICATIONS required in the school setting						DIETARY Needs/Restric	ctions			
SPECIAL INSTRUCTIONS/DEVICES e.g. safety glasses, glass eye, chest protector for arrhythmia, pacemaker, prosthetic device, dental bridge, false teeth, athletic support/cup										
MENTAL HEALTH/OTHER Is there anything else the school should know about this student?										
If you would like to discuss this student's health with school or school health personnel, check title:   Nurse   Teacher   Counselor   Principal  EMERGENCY ACTION needed while at school due to child's health condition (e.g. ,seizures, asthma, insect sting, food, peanut allergy, bleeding problem, diabetes, heart problem)?										
Yes No I If yes, please describe.  On the basis of the examination on this day, I approve this child's participation in (If No or Modified, please attach explanation.)										
PHYSICAL EDUCATION Yes □ No □ Modified □ INTERSCHOLASTIC SPORTS (for one year) Yes □ No □ Limited □										
Print Name (MD,DO, APN, PA) Signature Date										
Address						Phone				

# SUMMARY OF LICENSING STANDARDS FOR DAY CARE CENTERS



### Introduction

The Department of Children and Family Services (DCFS) is responsible for licensing day care centers. When a day care center is licensed, it means that a DCFS licensing representative has inspected the facility and the facility was found to meet the minimum licensing requirements. A license is valid for three years. The day care center's license must be posted. It will indicate the maximum number of children allowed in the facility and the areas where children may receive care.

Licensed day care facilities are inspected annually by DCFS licensing staff. If a complaint has been received regarding a violation of the licensing standards of a day care center, a licensing representative will conduct a licensing complaint investigation to determine if the alleged violation should be substantiated or unsubstantiated. Individuals may contact the Day Care Information Line to learn of substantiated violations.

### **Day Care Information Line** 1-877-746-0829

This statewide toll-free information line provides information to the public on the past history and record, including substantiated violations, of licensed day care homes, day care centers, and group day care homes. This number operates Monday through Friday from 8:30 a.m. to 5:00 p.m.

### **Summary of Licensing Standards for Day Care Centers**

The following is a summary of the licensing standards for day care centers. It has been prepared for you so that you may monitor the care provided to your child. This is a summary and does not include all of the licensing standards for a day care center. State licensing standards are *minimum* standards. If you observe a violation of any of these standards, you are encouraged to discuss your concerns with the day care center operator. In most cases, parents and day care operators are able to resolve the parents' concerns and issues. If you believe the day care operator is not responding to your concerns and may not be meeting state licensing standards, you may make a complaint to the local DCFS Licensing Office or by calling the Child Abuse Hotline at 1-800-252-2873 and stating that you want to make a licensing complaint. A DCFS licensing representative will investigate your complaint and report the results back to you. The day care center is required to provide a copy of its own written policies regarding the operation of the facility to each staff person and to parents of enrolled children.

THIS COMPLETED FORM IS TO BE PLACED IN EACH CHILD'S FILE AT THE DAY CARE FACILITY.

This summary has been developed to assist parents in monitoring the care provided by the day care center.

For a complete copy of the Licensing Standards, write or call

Department of Children and Family Services Office of Child and Family Policy 406 East Monroe Street Springfield, Illinois 62701 Telephone (217) 524-1983

Licensing Standards for Day Care Centers may also be accessed through the DCFS Web site: www.state.il.us/dcfs and following the links to Part 407, Licensing Standards for Day Care Centers. You may also contact your nearest DCFS office.

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### **Staffing**

- The day care center must have a qualified child care director on site at all times. The director must be at least 21 years old, have completed two years of college or have equivalent experience and credentials.
- Early childhood teachers must be at least 19 years old, have two years of college or have equivalent experience and credentials.
- School-age workers must be at least 19 years of age and at least five years older than the oldest child in their care. They must have completed one year of college or have the equivalent experience and credentials.
- Early childhood assistants and school-age assistants must have a high school diploma or the equivalent and must work under direct supervision of an early childhood teacher or a school-age worker.
- Student and youth aides must be at least 14 years of age, at least five years older than the oldest child in their care, and must work under direct supervision of an early childhood teacher or a school-age worker.
- Student and youth aides are not generally counted for purposes of maintaining staff/child ratios.
- The director and all child care staff must have 15 hours of in-service training annually.
- All staff must have current medical reports on file and are subject to background checks for any record of criminal conviction or child abuse and neglect.
- A person certified in first aid, including CPR and the Heimlich maneuver, must be present at all times.

### **Group Size and Staff Requirements:**

AGE OF CHILDREN	STAFF/CHILD	MAXIMUM		
	RATIO	GROUP SIZE		
Infants (6 weeks through 14 months)	1 to 4	12		
Toddlers (15 through 23 months)	1 to 5	15		
Two years	1 to 8	16		
Three years	1 to 10	20		
Four years	1 to 10	20		
Five years (preschool)	1 to 20	20		
School-age: Kindergartners present	1 to 20	30		

- Exception: One early childhood teacher and an assistant may supervise a group of up to 30 children if all of the children are at least five years of age.
- Whenever children of different ages are combined, the staff/child ratio and maximum group size must be based on the age of the youngest child in the group.

### **General Program Requirements**

- Parents must be allowed to visit the center without an appointment any time during normal hours of operation.
- Staff must demonstrate respect for each child enrolled regardless of gender, ability, cultural, ethic or religious differences.
- There must be a balance of active and quiet activity. Daily indoor and outdoor activities are to be provided for children to make use of both large and small muscles.
- In pre-school programs where children receive care for less than three hours per day, outdoor activity is not required.
- Children may not be left unattended at any time.

- Exits must be unlocked and clear of equipment and debris.
- Drills for fire and tornado must be conducted. A floor plan must be posted
  in every room indicating the areas providing the most safety in the case
  of a tornado and the primary and secondary exit routes in case of fire.
- Smoking or the use of tobacco products in any form is prohibited in the child care center or in the presence of children while on the playground or on trips away from the center.
- Play materials must be durable and free from hazardous characteristics.
- The facility may not use or have on the premises any unsafe children's product as described in the Children's Product Safety Act. Lists of unsafe children's products and recalls from 1989 to now are available at: www.idph.state.il.us/webapp/SRSApp/pages/index.jsp.
- The facility must be cleaned daily and kept in sanitary condition at all times.
- First-aid kits must be maintained and readily available for use.

### **Outdoor Play Area**

- Play space must be fenced or otherwise enclosed or protected from traffic and other hazards. There must be a shaded area in summer to protect children from excessive sun exposure.
- All areas of the outdoor play space must be visible to staff at all times.
- Equipment must be free of sharp points or corners, splinters, protruding nails or bolts, loose or rusty parts, the potential for entrapment and/or other hazards.
- Protective surfaces must be provided under equipment from which a child might fall
- All swimming pools must be fenced or otherwise inaccessible to children.
- During hours of operation and at all times that children are present there must be a means for parents of enrolled children to have direct telephone contact with a center staff person.

 Medication must be kept in locked cabinets or other containers that are inaccessible to children.

### **Nutrition and Meals**

- Menus must be posted.
- Meals and snacks must meet nutritional guidelines.
- Children in care two to five hours must be served a snack. Children in care five to 10 hours must be served a meal and two snacks or two meals and one snack. Children in care more than 10 hours must be served two meals and two snacks or one meal and three snacks.

### **Napping and Sleeping**

- Children under six years of age who remain five or more hours must have the opportunity to rest or nap.
- Infants must sleep in safe, sturdy, freestanding cribs or portable cribs.
- Toddlers may use either stacking cots or full-size cribs.
- A cot or bed must be provided for each toddler or preschool child in attendance five or more hours. Each cot, bed or crib must be labeled with the name of the child.

### **Physical Space**

- Infants and toddlers must be housed and cared for at ground level unless special approval has been granted from the Department.
- Indoor space must provide a safe, comfortable environment for the children. Floors and floor coverings must be washable and free from drafts and dampness.
- Toilets and lavatories must be readily accessible to the children.
- Hot and cold running water must be provided.
- Hazardous items must be inaccessible to children.
- Parents must be notified before pesticides are applied, unless in an emergency

### **Infants and Toddlers**

- Infants and toddlers must be in separate space away from older children.
- A refrigerator and sink must be easily accessible.
- Toys and indoor equipment must be cleaned and disinfected daily. Safe, durable equipment and play materials must be provided.
- Either the day care center or the parent may provide food for infants not consuming table food. Feeding times and amounts consumed must be documented in writing.
- No food other than formula, milk, breast milk or water may be placed in a bottle for infant feeding. Microwaves are not to be used for bottle warming.
- Children who cannot turn over alone must be placed on their backs.
- The facility must have a clearly defined diaper changing area with the procedures for changing diapers clearly posted. A hand-washing sink must be accessible for hand washing.
- Staff changing diapers must wash their hands and the child's hands with soap and running water after diapering.
- Information about feeding, elimination and other important information must be recorded in writing and made available to parents when the child is picked up at the end of the day.

### **School-Age Children**

- The facility must have a designated area for school-age children so they do not interfere with the care of younger children.
- Clear definitions of responsibility and procedures are to be established among parent, day care center and school when children move to and from school.
- A variety of developmentally appropriate activities and materials must be available for children. Opportunities must be provided to do homework, if requested.

### **Evening, Night and Weekend Care**

- Family-like groups of mixed ages are allowed.
- Staff must be awake at all times and in the sleeping area whenever children are sleeping.
- Each child must have an individual cot, bed or crib.
- An evening meal and a bedtime snack must be served.
- Breakfast must be served to all children who have been at the facility throughout the night and are present between 6:30 a.m. and 8:30 a.m.

### **Enrollment and Discharge**

- Parents must be provided the names, business address and telephone number of persons legally responsible for the program.
- Parents must be provided, in writing, information on the program, fees, arrival and departure policies explaining to the parents and guardians what actions the caregiver will take if children are not pick up at the agreed upon time, and the guidance and discipline policies.
- Parents must complete an enrollment application, which includes, for first time enrolment, providing a certified copy of their child's birth certificate (which will be copied by the center and returned to the parent), emergency numbers, and persons authorized to pick up their child.
- A child may only be released to a parent or other responsible person designated by the parent.
- Daily arrival and departure logs must be kept by the center.

### **Guidance and Discipline**

- Parents must be given a copy of the guidance and discipline policy.
- The following are prohibited:
  - corporal punishment
  - threatened or actual withdrawal of food, rest or use of the bathroom
  - abusive or profane language
  - public or private humiliation
  - emotional abuse, including shaming, rejecting, terrorizing or isolating a child

• "Time-out" is to be limited to one minute per year of age. "Time-out" may not be used for children less than two years of age.

### **Transportation**

- The driver must be 21 years of age and hold a driver's license that has been continuously valid for three years.
- Children must not be allowed to stand or sit on the floor of the vehicle.
   Age appropriate safety restraints must be used when transporting children in vehicles other than school buses.
- The driver must make sure that a responsible person is present to take charge of a child when delivered to his or her destination.

### **Health Requirements for Children**

- A medical report indicating that the child has been appropriately immunized must be on file for each child. A tuberculin skin test is to be included in the initial exam unless waived by a physician.
- The medical report is valid for two years for infants and preschool children. Exams for school-age children are required consistent with the requirements of the public schools.
- The center will comply with the Illinois Department of Public Health's Hearing and Vision Screening Codes and the Illinois Child Vision and Hearing Test Act.
- Children aged one to six years must have either a lead risk assessment or a lead screening.
- Water must be freely available to all children.
- Children's hands must be washed with soap and water upon arrival at the center, before and after meals or using the toilet, after wiping or blowing their noses, after outdoor play and after coming into contact with any soiled objects.
- Prescription and non-prescription medication may be accepted only in its original container. The center must maintain a record of the dates, times administered, dosages, prescription number (if applicable) and the name of the person administering the medication.