



Infant Menu Items

Child's Name: _____

Option 1: My child can be served ALL of the table foods on this list.

Option 2: My child can be served ONLY the following highlighted/underlined foods.

Entrees:

- taco (meat only)
- cheddar broccoli chicken
- chicken and cheese quesadillas
- baked pasta caprese
- ham
- chicken nuggets
- cheese pizza
- pasta/bolognese sauce
- turkey and cheese sub
- grilled cheese slider
- meatballs
- plain pasta
- mac and cheese
- pancakes
- cinn French toast sticks
- turkey sausage
- cider glazed chicken
- Greek chicken

Sides:

- tater tots
- whipped/mashed potatoes
- whipped sweet potatoes
- brown rice
- French bread
- tortilla
- Greek rice

Snacks:

- cheerios
- butter crackers (like "ritz")
- graham crackers
- cinnamon graham crackers
- bunny gram crackers (like "teddy grahams")
- cheddar bunnies (like "goldfish")
- veggie chips/straws
- cheese cubes
- yogurt (strawberry/vanilla/blueberry)
- cottage cheese
- turkey deli slices
- bread with jelly or soy butter
- ranch dip
- mini muffins (assorted)
- hummus
- pita bread
- bread sticks/marinara sauce
- rice pudding

Fruits:

- pears
- peaches
- bananas
- watermelon
- cantaloupe
- honeydew melon
- applesauce
- pearsauce

Allergy Alternatives:

- soy beef meatball
- soy chicken
- veggie sausage
- Tofurkey
- Soy ham

Steamed Vegetables:

- green beans
- broccoli
- cauliflower
- carrots
- peas

Beverages:

Please serve my child WHOLE MILK at the following times:

_____am snack _____lunch _____pm snack _____None

Other: (specify) _____

Please avoid the following foods due to allergies or personal or religious reasons:

Please Note: Vegetarian, dairy-free and gluten-free options are available. Please see our director to discuss. All food served to all infants will be chopped or diced unless parent specifies.

Please DATE when updated: